

# Waterloo Wellington Hospitals Nuclear Medicine Requisition

## OFFICE USE ONLY

Exam Date: \_\_\_\_\_

Arrival Time: \_\_\_\_\_

Exam Time: \_\_\_\_\_

### Fax completed requisition to ONE Hospital:

- Cambridge Memorial Hospital: (CMH) **519-740-4904**  
 Guelph General Hospital: (GGH) **519-766-9982**

**\*\*Please note that all Nuclear Medicine tests  
require a booked appointment**

- Kitchener Waterloo Regional Nuclear Medicine (Main Site)  
St. Mary's General Hospital: (SMGH) **519-749-6997**  
 Kitchener Waterloo Regional Nuclear Medicine (Satellite Site):  
Grand River Hospital Site (GRH): **519-749-6997**

### Patient Information

Last Name, First Name: _____		Health Card #: _____		VC: _____	
DOB: DD/MM/YYYY <input type="checkbox"/> Male <input type="checkbox"/> Female		WSIB? <input type="checkbox"/> Y <input type="checkbox"/> N		Injury Date: DD/MM/YYYY	
Street Address: _____		Please include Claim #: _____			
City/Town: _____		Other Insurance? Third Party or Self Pay			
Province: _____ Postal Code: _____		Specify: _____			
Contact Number: _____		<b>Required Patient Information:</b>			
Home: _____ <input type="checkbox"/> Y <input type="checkbox"/> N Patient consents to leave message		Height: _____ (cm)		Weight: _____ (kg)	
Other: _____ <input type="checkbox"/> Y <input type="checkbox"/> N Patient consents to leave message		<input type="checkbox"/> Restricted Mobility		<input type="checkbox"/> Outpatient	
Preferred Language: <input type="checkbox"/> English <input type="checkbox"/> Other: _____		<input type="checkbox"/> Pediatric Under 10 yrs		<input type="checkbox"/> In-patient Rm/Loc	
<input type="checkbox"/> Y <input type="checkbox"/> N An interpreter is required to consent to the procedure.		<input type="checkbox"/> Patient Pregnant <input type="checkbox"/> No <input type="checkbox"/> Yes		<input type="checkbox"/> Patient Diabetic? <input type="checkbox"/> No <input type="checkbox"/> Yes	
CMH, GGH, GRH and SMGH have interpretation services available.		<input type="checkbox"/> Patient Nursing? <input type="checkbox"/> No <input type="checkbox"/> Yes		If yes, please bring diabetic medications	

### EXAM INFORMATION: PHYSICIAN TO COMPLETE \*\*INCOMPLETE REQUISITIONS WILL BE RETURNED\*\*

Ordering Physician Name (Please print): _____	Signature _____	Date _____
Contact #: _____ Fax#: _____		

Copy to (Please print)

### Clinical History/Indication (reason for exam)

### Select Region/Organ of Interest:

<p><b>CARDIAC</b></p> <p><input type="checkbox"/> Myocardial Perfusion  <input type="checkbox"/> Exercise Treadmill  <input type="checkbox"/> Pharmacologic stress</p> <p><input type="checkbox"/> Rest Only Thallium Perfusion for viability</p> <p><input type="checkbox"/> Wall Motion (MUGA)</p> <p><b>GI</b></p> <p><input type="checkbox"/> Biliary Scan Specify: _____</p> <p><input type="checkbox"/> Liver/Spleen  <input type="checkbox"/> Liver Hemangioma  <input type="checkbox"/> GI Bleed  <input type="checkbox"/> Meckels Scan  <input type="checkbox"/> Salivary Scan  <input type="checkbox"/> Py Test (H-Pylori) (SMGH &amp; GRH Only)</p> <p><input type="checkbox"/> Gastric Emptying  <input type="checkbox"/> Solid  <input type="checkbox"/> Liquid (GGH only)</p>	<p><b>SKELETAL</b></p> <p><input type="checkbox"/> Bone Scan</p> <p><b>GU</b></p> <p><input type="checkbox"/> Renal Routine - CMH/GGH SMGH &amp; GRH - please choose one:  <input type="checkbox"/> MAG 3  <input type="checkbox"/> DTPA</p> <p><input type="checkbox"/> Renal Diuretic  <input type="checkbox"/> Renal Captopril  <input type="checkbox"/> Renal Cortical</p> <p><b>BRAIN</b> (SMGH &amp; GRH only)</p> <p><input type="checkbox"/> Brain Perfusion SPECT  <input type="checkbox"/> Cisternogram (CSF Flow)</p> <p><b>LUNG</b></p> <p><input type="checkbox"/> Ventilation/Perfusion (VQ)  <input type="checkbox"/> V/Q with Quantitation</p> <p><b>THERAPY</b> (SMGH &amp; GRH only)</p> <p><input type="checkbox"/> _____</p>	<p><b>ENDOCRINE</b></p> <p><input type="checkbox"/> Thyroid Uptake/Scan <input type="checkbox"/> Thyroid Uptake Only _____</p> <p><input type="checkbox"/> Thyroid Scan Only</p> <p>For Thyroid requests, please answer:</p> <p>Is patient on thyroid medications <input type="checkbox"/> Y <input type="checkbox"/> N</p> <p>Is patient on multivitamins <input type="checkbox"/> Y <input type="checkbox"/> N</p> <p>Has patient had a recent CT with IV contrast <input type="checkbox"/> Y <input type="checkbox"/> N</p> <p><input type="checkbox"/> Parathyroid</p> <p><b>MISCELLANEOUS</b></p> <p><input type="checkbox"/> Sentinel Node  <input type="checkbox"/> Left Breast <input type="checkbox"/> Right Breast <input type="checkbox"/> Melanoma Implants <input type="checkbox"/> Y <input type="checkbox"/> N</p> <p>Specify: _____  OR Date: _____ OR Time: _____</p> <p><b>Infection/Neoplasm</b></p> <p><input type="checkbox"/> Gallium Scan  <input type="checkbox"/> White Cell Scan (not CMH)</p> <p><b>OTHER</b></p> <p><input type="checkbox"/> _____</p>
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## Please indicate location of Nuclear Medicine examination for Patient:

**Cambridge Memorial Hospital**  
700 Coronation Blvd.  
Cambridge ON N1R 3G2

Telephone: 519-621-2333 x2230  
Fax: 519-740-4904  
www.cmh.org

- All patients are to register in the Diagnostic Imaging Department, located on the **1<sup>st</sup> Floor** of the hospital's **A Wing**, at the indicated arrival time.

**Guelph General Hospital**  
115 Delhi St.  
Guelph ON N1E 4J4

Telephone: 519-837-6413  
Fax: 519-766-9982  
www.gghorg.ca

- All patients are to register in the hospital's Diagnostic Imaging Department, located on the **3<sup>rd</sup> Floor**, at the indicated arrival time.

**Kitchener Waterloo Regional Nuclear Medicine (Main Site)**  
**St. Mary's General Hospital**  
911 Queen's Blvd  
Kitchener ON N2M 1B2

Telephone: 519-749-6495  
Fax: 519-749-6997  
www.smgh.ca

- All patients are to register in the hospital's Diagnostic Imaging Department, located on the **1<sup>st</sup> Floor**, at the indicated arrival time.

**Kitchener Waterloo Regional Nuclear Medicine (Satellite Site)**  
**Grand River Hospital**  
835 King St. W  
Kitchener ON N2G 1G3

Telephone: 519-749-6495  
Fax: 519-749-6997  
www.grhosp.on.ca

- All patients are to register in the Department of Medical Imaging, located on the **2<sup>nd</sup> Floor** of the hospital's **D Wing**, at the indicated arrival time.

## How to prepare for your Nuclear Medicine Examination-if not listed, no preparation.

Type of Study	Patient Preparation	Expected Time	Visit Detail
BONE	No preparation	1 <sup>st</sup> Visit: 15 Minutes 2 <sup>nd</sup> visit: 1 hour	1 <sup>st</sup> visit: Injection 2 <sup>nd</sup> visit 2-4 hours later Imaging
BRAIN	Nothing to eat or drink 4 hours before test	2-4 hours	Injection upon arrival followed by Imaging
GALLIUM	No preparation	1 <sup>st</sup> Visit: 15 Minutes 2 <sup>nd</sup> visit: 1-2 hours	1 <sup>st</sup> visit: Injection 2 <sup>nd</sup> visit: Imaging
GASTRIC EMPTYING (GET)	<ul style="list-style-type: none"> <li>• Nothing to eat or drink after midnight</li> <li>• Notify department if you have an allergy to eggs, food restrictions or are Type I diabetic</li> <li>• Diabetic patients, bring insulin and glucose monitor</li> <li>• Check with your doctor about stopping medications</li> </ul>	4 hours	Provided a standardized meal and Imaging up to 4 hours.
LIVER & SPLEEN SCAN	No preparation	45 minutes	Injection upon arrival followed by Imaging
LUNG SCAN (V/Q)	Need recent CXR 24-48 hours prior to lung scan (GGH only)	1 hour	Imaging immediately
MYOCARDIAL PERFUSION	Please refer to separate listing of instructions provided by your physician	1 <sup>st</sup> Visit: up to 2 hours 2 <sup>nd</sup> visit: up to 3 hours	Please refer to separate listing of instructions provided by your physician
PARATHYROID	No preparation	Up to 4 hours	Injection upon arrival 1 <sup>st</sup> imaging at 15 minutes 2 <sup>nd</sup> imaging at 3-4 hours
RENAL DIURETIC	Drink 3-4 glasses of fluids/water prior to test	1 hour	Injection upon arrival followed by Imaging
RENAL with CAPTOPRIL	<ul style="list-style-type: none"> <li>• Check with your doctor about stopping medications</li> <li>• Drink 3-4 glasses of fluids/water prior to test</li> <li>• No food 4 hours prior to test</li> <li>• Bring a list of medications</li> </ul>	1 <sup>st</sup> Visit: 2 hours 2 <sup>nd</sup> visit: 45 minutes may be required based on results of 1 <sup>st</sup> visit	Oral Captopril given upon arrival Injection at 1 hour followed by Imaging
SALIVARY	No preparation	1 hour	Injection upon arrival followed by Imaging
SENTINEL NODE	No preparation	2 hours	Injection upon arrival followed by Imaging
THYROID UPTAKE AND SCAN	<ul style="list-style-type: none"> <li>• Check with your doctor about stopping medications</li> <li>• No CT contrast for 30 days prior to test</li> </ul>	1 <sup>st</sup> Visit: 15 minutes 2 <sup>nd</sup> visit: 45 minutes	1 <sup>st</sup> Visit: Pill ingestion 2 <sup>nd</sup> visit: Injection upon arrival followed by Imaging
WALL MOTION (MUGA)	No preparation	1.5 hours	Injection upon arrival followed by Imaging

## Important

- Please bring your **Ontario Health Card** and this form to your appointment
- **Patients must be able to consent to the procedure. If language is a barrier, please bring an interpreter.**
- If you are unable to keep your appointment, please give us 24 hours' notice
- We kindly ask that you do not wear or apply fragrances in support of our Fragrance Free policies.