Breast Cancer Pathfinder

Information for patients and families

Use this pathfinder to find resources available in the J. Wesley Graham Patient and Family Resource Centre and on the internet.

Hours of Operation:

Monday to Friday 8:30 a.m. to 4:30 p.m. Closed on statutory holidays

Contact:

Tel: (519) 749-4300 ext. 5453 Email: jwesleygrahamrc@grhosp.on.ca

Additional Library Resources:

Kitchener Public Library – InfoLink Tel: (519) 743.7502 Email: askus@kpl.org



www.grhosp.on.ca/cancerprogram



Books and e-Books

- Bald Is Better With Earrings: A survivor's guide to getting through breast cancer (Andrea Hutton, 2015) Call Number: 616.99449-Hutto
- Breast Cancer Clear and Simple: All your questions answered (American Cancer Society, 2016) Call Number: 616.99449-Breas
- Breast Cancer Journey: The essential guide to treatment and recovery (Ruth O'Regan, 2013) Call Number: 616.99449-Breas Call Number: 641.5631-Chace
- Breast Cancer Sourcebook (Keith Jones, 2016) Call Number: 616.99449-Breas
- Breast Cancer Survivor Manual: A step-by-step guide for women with newly diagnoses breast cancer (John Link, 2012) Call Number: 616.99449-Link
- Breast Reconstruction Guidebook: Issues and answers from research to recovery (Kathy Steligo, 2017) Call Number: 618.19-Steli
- Dr. Susan Love's Breast Book (Susan M. Love, 2015) Call Number: 618.19-Love
- Fighting for Our Future: How young women find strength, hope and courage while taking control of breast cancer (Beth Murphy, 2003)
 Call Number: 616.99449-Murph
- Joy is a Plum Colored Acrobat: 45 life-affirming visualizations for breast cancer treatment and recovery (Wendy Burton, 2004)
 Call Number: 616.99449-Burto
- Nutritional Epidemiology of Breast Cancer
 (Alvaro Luis Ronco)
 Call Number: 616.99449-Ronco
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- The New Generation Breast Cancer Book (Dr. Elisa Port, 2015) Call Number: 616.99449-Port
- Positive Results: Making the best decisions when you're at high risk for breast or ovarian cancer

(Joi L. Morris and Ora Gordon, 2010) Call Number: 616.99449-Morri

• The Ultimate Guide to Breast Cancer: Your essential resource from diagnosis to treatment and beyond

(Mary Gemignani, 2013) Call Number: 616.99449-Gemig

Pamphlets

- Canadian Cancer Society:
 Breast Cancer: Understanding Your Diagnosis
 Understanding Treatment for Breast Cancer
- Willow: Coping With Your Financial Concerns When You Have Breast Cancer Living with Metastatic Breast Cancer

Websites

- BC Cancer Agency: Breast Cancer
 <a href="http://bccancer.bc.ca/health-info/types-of-cancer/breast-cancer/
- Canadian Breast Cancer Network
 <u>http://www.cbcn.ca</u>
- McGill University Health Centre
 <u>https://tinyurl.com/y9ewwgko</u>
- Living beyond Breast Cancer
 http://www.lbbc.org
- Breastcancer.org
 <u>http://breastcancer.org</u>

Additional Websites

- Grand River Hospital Waterloo Wellington Regional Cancer Program
 https://tinyurl.com/y9encnhh
- Cancer Care Ontario
 <u>https://www.cancercareontario.ca/en</u>