

# Colorectal Cancer Pathfinder

## Information for patients and families

Use this pathfinder to find resources available in the J. Wesley Graham Patient and Family Resource Centre and on the internet.

### Hours of Operation:

Monday to Friday  
8:30 a.m. to 4:30 p.m.  
Closed on statutory holidays

### Contact:

Tel: (519) 749-4300 ext. 5453  
Email:  
[jwesleygrahamrc@grhosp.on.ca](mailto:jwesleygrahamrc@grhosp.on.ca)

### Additional Library Resources:

Kitchener Public Library –  
InfoLink  
Tel: (519) 743.7502  
Email: [askus@kpl.org](mailto:askus@kpl.org)

**GRAND RIVER**  
Regional Cancer Centre  
a cancer care ontario partner

[www.grhosp.on.ca/cancerprogram](http://www.grhosp.on.ca/cancerprogram)

  
Kitchener  
Public Library

## Books and e-Books

### ***Colon and Rectal Cancer: From diagnosis to treatment***

(Paul Ruggieri , 2012)  
Call Number: 616.994-Ruggi

### ***Johns Hopkins Patient Guide to Colon and Rectal Cancer***

(Nita Ahuja, 2012)  
Call Number: 616.994-Ahuja

### ***Positive Options for Colorectal Cancer: Self-help and treatment***

(Carol Ann Larson, 2014)  
Call Number: 616.994-Larso

## Pamphlets

### **Canadian Cancer Society**

- Colorectal Cancer: Understanding Your Diagnosis

### **Colorectal Association of Canada**

- Colorectal Cancer & You: A guide for people living with colorectal cancer

## Websites

- **Colorectal Cancer Association of Canada**

[www.colorectal-cancer.ca](http://www.colorectal-cancer.ca)

- **United Ostomy Association of Canada**

<http://www.ostomycanada.ca>

- **American Cancer Society**

<http://www.cancer.org/>

- **Cancer.Net**

<http://www.cancer.net/cancer-types/anal-cancer>

- **MedlinePlus:**

Anal Cancer

<http://medlineplus.gov/analyncancer.html>

Rectal Cancer

<https://medlineplus.gov/colorectalcancer.html>

Videos and Tools

<https://medlineplus.gov/videosandcooltools.html>

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- **National Cancer Institute**  
Anal Cancer  
<https://www.cancer.gov/types/anal>  
Colorectal Cancer  
<https://www.cancer.gov/types/colorectal>
- **Hollister - Ostomy Care Learning Centre**  
<http://www.hollister.com/en/ostomycare/ostomycarelearningcenter>
- **Colorectal Cancer Alliance**  
[www.ccalliance.org](http://www.ccalliance.org)
- **Cancer Support Community – Colorectal Cancer**  
<https://www.cancersupportcommunity.org/colorectal-cancer>

### Additional Websites

- **Grand River Hospital – Waterloo Wellington Regional Cancer Program**  
<https://tinyurl.com/y9encnhh>
- **Cancer Care Ontario**  
<https://www.cancercareontario.ca/en>
- **BC Cancer Agency**  
<http://www.bccancer.ca>
- **Canadian Cancer Society**  
<http://www.cancer.ca/en/cancer-information/cancer-type/colorectal/colorectal-cancer/?region=on>